



2019 Clinic Participant Information

If you have ever wanted the chance to ride with the world's best trainers & clinicians, look no further than the Western States Horse Expo! Many of our clinicians will be accepting horses and riders for their sessions and you could be one of them. Enclosed you will find a list of all the clinic sessions where riders and/or horses are requested. Just send in your completed application and we will forward them to the respected clinician for the final evaluation. Once selections have been made, applicants will be notified via phone approximately 45 days before the event. Applications who are not selected will be notified via email by April 1st, 2019.

Please make sure that your application is filled out completely and sent in with a written description and recent photo & video of you riding your horse. Application should be submitted to the following address no later than March 15th, 2019:

Western States Horse Expo

4970 Windplay Drive, Suite C7, El Dorado Hills, CA 95762

Email: kala@horseexpo.com | Fax: (530)387-2298

Below you will find information about applying for our clinics and riding at our events:

1. Clinics are designed to cater to a broad spectrum of equestrians attending our event. Selections are made based off each clinicians' unique needs to successfully demonstrate their specific topic to the audience. Some are looking for horses/riders with specific skills while others will work with any rider interested in improving their skills and relationships with their horses. Please do not hesitate to apply because you think you might not be selected- you might be exactly what our clinician is looking for!
2. Stalls are available through the Murieta Equestrian Center. Cost is \$165 for the entire event (Wednesday, May 8th through Sunday, May 12th) and include 2 bags of shavings. Please call (916)985-7334 or email shady@murietaequestriancenter.com for more information or to secure your stall.
3. On-site RV & trailer hookups are available to anyone participating in a clinic. Please call (916)985-7334 or go to www.murietaequestriancenter.com/rv-reservations for more information.
4. Our clinics are a unique opportunity to ride with some to the best in the industry and, in most cases, will be in front of a large crowd in a large arena. Warm up in the clinic areas may not be available prior to your ride time and there may be "spooky" distractions that you may not normally experience. Please be aware of this when applying in case you or your horse can not function safely in this environment.

5. All horses brought to the Western States Horse Expo must be in good health, free of any illness or infectious disease. Upon arriving each horse owner/trainer is required to present current shot records for all horses participating (within 1 year). For horses being transported from out of state, a negative Coggins must be provided within 30 days of the event (California State Law).
6. To be eligible for any riding clinics, you **MUST** submit a recent video with your completed application. This video must show you & your horse either at a competition or schooling at home in an arena. This video will be used by Expo staff & the clinicians/trainers to evaluate you & your horse. All videos must be submitted as a link to a YouTube video or as a DVD. Videos should be no more than 5 minutes in length and should be marked with rider's name & horses name. Provided DVDs will not be returned.
7. Only horses that are participating in the Expo may be brought to the event. Participating horses are expected to be safe & manageable in large crowds or around a large number of horses. Any horse that is deemed by event staff to be unsafe will be asked to leave.



Jim Masterson on Masterson Method Equine Massage & Body Therapy

Thursday, May 9th AM: Reading the horse's body language: Is my horse uncomfortable, and if so, where?

Description: Jim Masterson discusses the survival mechanisms horses use to cover up pain and discomfort, and how to read subtle signs in their body language which reveal where in the body the horse might be holding tension. In this clinic he will also demonstrate effective bodywork techniques that the spectator can use to help a horse release accumulated tension that it may be holding in the body.

Horse Requirements: 2-4 horses who are friendly towards other horses standing close by and quiet on the ground for spectators, Jim and his assistants to demonstrate.

Friday, May 10th AM: Horses Affected by Accidents or Injury & How to Help

Description: Has your horse ever been in an accident such as a trailering mishap, a fall, ran into something, gotten caught in the stall or under a fence? In this demonstration, Jim Masterson will talk about his experience with the hidden - and sometimes not so hidden - effects that an accident can have on the horse's body.

Horse Requirements: 2-4 horses that have been in accidents or sustained injuries, even if they are now sound and doing ok.

Saturday, May 11th AM: Mystery Performance, Movement and Behavioral Issues

Description: In this clinic Jim Masterson will talk about his experience with what he calls "mystery issues" - the characteristics of these problems, and demonstrate bodywork techniques on horses with them, which you as an owner can use to locate and help the horse release them.

Horse Requirements: 2-4 horses with mystery issues or lameness- meaning they are off or not quite sound and have been examined by a vet but have not been diagnosed with anything.

Sunday, May 12th AM: Releasing Tension in the Key Junctions which Most Affect Performance

Description: In this clinic Jim will discuss the key junctions of a horse's anatomy which most affect performance and demonstrate bodywork techniques to improve performance, communication and relationship with the horse. This clinic will appeal to anyone involved in competition.

Horse Requirements: 2- 4 horses that are in work or training, depending on the size of the arena. Horses that have just come from another event and are hot and sweaty don't work well for this clinic.

Thursday, May 9th PM: Beyond Horse Massage- Teaching the Masterson Method Front End Techniques & Friday, May 10th PM: Beyond Horse Massage- Hind End Techniques (Must Commit to Both Days)

Description: Thursday afternoon Jim and his assistants will demonstrate and teach owners Beyond Horse Massage Front End Techniques on their horses. Friday afternoon, Jim and assistants will demonstrate and teach the same owners Beyond Horse Massage Hind End Techniques on the same horses.

Horse Requirements: Horse must be quiet on the ground with people and other horses. If participating in this session, horse must also be available for both afternoon sessions.

Saturday, May 11th PM: Beyond Horse Massage - Teaching the Masterson Method Front End Techniques
Sunday, May 12th PM: Beyond Horse Massage - Hind End Techniques (Must Commit to Both Days)

Description: Saturday afternoon Jim and his assistants will demonstrate and teach owners Beyond Horse Massage Front End Techniques on their horses. Sunday afternoon, Jim and assistants will demonstrate and teach the same owners Beyond Horse Massage Hind End Techniques on the same horses.

Horse Requirements: Horse must be friendly and quiet on the ground with people and other horses. If participating in this session, horse must also be available for both afternoon sessions.

Christy Landwehr on Certified Horsemanship Riding Skills, English & Western

Friday, May 10th: Feeling Leads and Diagonals

Rider Requirements: 2-4 riders of mixed riding styles who are comfortable at the jog & lope but looking to learn the finer points of riding and how to feel the horse's gaits.

Saturday, May 11th: Canter- From Just Learning How to Simple and Flying Lead Changes

Rider Requirements: 2-4 intermediate or advance level riders of mixed riding styles to teach or demonstrate the different stages of learning to canter and how to prepare and execute a lead change.

Jochen Schleese on Proper Saddle Fit, English & Western

Thursday, May 9th: Saddle Fit for the Western Rider

Horse Requirements: 1-2 western type horses who are quiet and will tolerate Jochen using washable chalk to map out how he would fit a saddle to the horse.

Friday, May 10th: The Myths of Saddle Fit

Horse Requirements: 1-2 horses of any breed who are quiet and will tolerate Jochen using washable chalk to map out how he would fit a saddle to the horse.

Bryan Owen on Red Light Therapy & Equine Pain Management

Friday, May 10th: Learn How to Remove Your Horse's Pain in 20 Minutes!

Horse Requirements: Horse who may be experiencing pain or soreness in his body and quiet enough to stand while being worked on in front of a crowd.

Saturday, May 11th: Is Your Horses Pain in His Hooves?

Horse Requirements: Horse who may be experiencing pain or soreness in his hooves or an unsoundness and quiet enough to stand while being worked on in front of a crowd.

Sunday, May 12th: How to Take Control of Your Horses Colic and Digestive System

Horse Requirements: Horse who may be experiencing pain or soreness in his body and quiet enough to stand while being worked on in front of a crowd.

Russ Krachun on Groundwork/Problem Solving, English & Western

Thursday, May 9th: Develop Confidence, Trust and Solid Minds

Description: Russ shares his philosophy and methodology to develop confidence and trust within the horse's mind for the horse to control his emotions in any environment. Russ explains the importance of understanding your horse's mental abilities, not just his physical abilities and that includes the use of proper timing and repetition along with periods of relaxation. A confident and trusting mind is essential for the horse to perform to the best of his ability.

Horse Requirements: One horse with nervous tendencies and is comfortable working in the round pen to overcome them. Could also be a younger horse.

Friday, May 10th: Developing Balance & Coordination with Your Young Horse

Description: Russ explains how his step by step Foundation Guiding methods support and connect to each other in order to develop the horses balance and coordination on the left and right sides of the body. Learn how the use of proper timing and repetition result in better communication with understanding and improved physical abilities for both the horse and the rider under saddle.

Horse Requirements: One younger horse that Russ will ride and demonstrate on under saddle. Must be able to walk/jog/lope with rider comfortably. May be the same horse from previous days sessions.

Saturday, May 11th: Developing Muscle Memory and Softness

Description: Russ Krachun shares his methods to developing softness and suppleness in the horse neck and poll, rib cage and hindquarters based on the same principals and education used for many athletes. You will learn that softness and suppleness is developed by through repetitions and forward motions at various speeds. Developing muscle memory is very important for any athlete to support both their physical and mental education which allows the athlete to perform to the best of their abilities.

Horse Requirements: One horse that Russ will ride and demonstrate on under saddle. Must be able to walk/jog/lope with rider comfortably. Maybe the same horse from previous days' sessions.

Sunday, May 12th: Confidence on the Trail

Description: Russ believes this clinic is an important teaching for both the riders and the horses' mind. Russ uses techniques to control fear, anxiety and emotions in both the horse and the rider in order to develop confidence when riding on the trail, when riding alone or when riding in groups and for buddy/barn sour horses. Learn how to confidently ride and travel at different speeds and control fear and anxiety when in various environments.

Rider Requirements: One horse who may be spooky or nervous with obstacles. Must be able to walk/jog/lope and listen to riders' cues. May be the same horse from previous days sessions.

Julie Goodnight on Improving Riding Skills, English & Western

Thursday, May 9th: The Natural Ride

Description: This demonstration covers balanced position, body alignment, common equitation problems and solutions, and how to develop a rhythmic seat that allows you to sit any stride with ease.

Rider Requirements: 2-4 English and Western riders of different levels looking to improve their riding skills.

Friday, May 10th: Despook and Desensitize to Create the Perfect Horse

Description: Julie explains and demonstrates her systematic approach to quickly and painlessly desensitize a horse to adverse stimuli, such as fly spray, clippers, the water hose, a plastic bag, etc. Horses that spook when being ridden learn to face and approach fearful stimuli willingly and obediently.

Rider Requirements: 1-2 riders who are comfortable working with your nervous or spooky horse, both on the ground and under saddle.

Saturday, May 11th: Use Skill-Building Drills to Spice Up Your Ride

Description: Numerous stretches, exercises and drills are demonstrated to improve balance and athleticism, centering, leg position, rhythm, communication through the seat aid, timing and coordination of the aids and responsiveness from the horse. Exercises are un-mounted as well as mounted.

Rider Requirements: 2-4 English and Western style riders of mixed abilities.

Sunday, May 12th: Avoid and Solve the Worst Riding Problems

Description: Julie demonstrates specific techniques and exercises that address common riding issues and explains how such problems develop and how the rider can prevent them in the first place.

Rider Requirements: 2-3 English and Western style riders who would like to work through common issues with their horses like: won't go, won't stop, too slow, too fast, jiggling, bucking, spooking, bending, moving off the rider's leg, won't give to pressure, and so on.

Pat Parelli on General Horsemanship, English & Western

Thursday, May 9th: Hurry up and Slow Down

Description: Using principles and purpose will help you train your horse naturally and with a strong foundation to be successful in all your endeavors.

Rider Requirements: Rider can walk, trot, and canter horse. Rider should be confident to ride their horse in front of a crowd. Horse can have some issues riding if the rider is confident dealing with the issues themselves.

Friday, May 10th AM: How Smart is Your Horse?

Description: Learn how to read your horse and encourage his inner genius by using Love, Language, and Leadership to create a partner that is lighter, calmer, braver, and more athletic!

Rider Requirements: A rider that can confidently walk, trot and canter. The horse may have some riding issues that the rider is confident to handle in front of a crowd OR the rider may have performance goals.

Friday, May 10th PM: It's Not about the.... Fixing Those Problems for Good!

Description: Ground or riding session on a specific issue. Human must be confident with their horse and feel capable of following Pat's direction to solve the problem. The issue could be ground skills or riding related. We are looking for real world problems, not dangerous horses.

Rider Requirements: A rider that can confidently walk, trot, and canter. The rider may have performance goals. Safe grounds skills or riding equipment required, riders must wear boots & helmets.

Saturday, May 11th AM: "Performance Horses Naturally"

Description: Using solid principles and purpose can naturally create a performance horse that is calmer, smarter, braver and more athletic.

Rider Requirements: Prefer a rider with a performance goal (competition, working etc.) Rider needs to be confident to walk, trot and canter with their horse.

Saturday, May 11th PM: "Problems Be Gone"

Description: Learn what good horsemen do well so that you can be the best for your horse.

Rider Requirements: Rider can walk, trot, and canter horse. Rider should be confident to ride their horse in front of a crowd. Horse can have some issues riding as long as the rider is confident working through the issues themselves.